

Video Observation #1

We will watch a video of a group of girls interacting on the school playground. The focal girl is in Grade 5 and was identified by 2 out of 3 raters (self, teacher, peers) as both a bully and a victim. The focus of this observation is on the peer group and peer processes during bullying interactions.

During the episode, note the following:

Observation	Behavior	Affect
What starts this bullying episode?		
What attracts other children to observe or join in this bullying episode?		
How do others exert power over the victimized girl?		
What happens when other children join in the bullying?		
What could be done to support this troubled girl?		

Video Observation #2

We will observe a video that is an excerpt of a 37-minute bullying episode observed on a school playground. The boy who is being constantly victimized is himself aggressive. He was identified as “rejected” by his classmates – no one wants to be with him. What starts out as rough-and-tumble play quickly accelerates into aggression. Note the behaviors of the main attackers. Observe the peers, too. In what ways do the peers contribute to the aggressive episode?

Role	Response
What can peers do when they observe this type of aggression?	
Peer Group	
What do you think adults should do (think about both dealing with this problem and preventing similar episodes in the future)?	
Teacher who sees it first	
Principal	
Parents of students involved	
Counselor, Sp. Ed. Teacher, Social Worker, Advisor, Others?	

Adults need students as partners. How can students help in “Putting the Brakes on Bullying” at school?

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How are things at your school? An Environmental Assessment of Bullying and Harassment

Step 1: Knowing About the Problem

An Environmental Assessment is a way of doing a checkup of your school. You are the student leaders – What do YOU want to know about bullying and harassment at your school? Think of the questions that you want to ask other students as **students are the experts on bullying and harassment.**

Where do bullying and harassment happen in YOUR school?

Start by dividing into small groups (2-3 students) – each group draws a rough map/plan of a specific area in your school – a map of each floor of your school, maps of the outside areas.

When the maps are finished pass them around the group so that each student can mark the “hot spots” for bullying and harassment in the school.

Learn more about bullying and harassment in your school.

Students are the experts on bullying and harassment. They know where it happens, when it happens, what happens, who does what, and lots more. Think of ways that students can help the school to learn about the problems of bullying and harassment. What questions might you want to ask for YOUR school? How can you find out the answers to these questions? Here are a few suggestions to start you off:

What you want to know...	How you can find out the answers
How many students are bullies, victims, or both bullies and victims?	
How often do students intervene to stop bullying?	
How often do students join in when someone they don't like is being bullied?	
How often do teachers intervene to stop bullying?	

What you want to know...	How you can find out the answers

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Putting the Brakes on Bullying and Harassment

Step 2: Putting the Brakes on Bullying and Harassment

An important old African saying is that “It takes a village to raise a child.” We now know that **it takes a community to put the brakes on bullying and harassment**. Everyone must play their parts in supporting students to feel safe at school and in their communities.

Students are the experts on bullying and harassment and adults need your help in learning about it and figuring out successful ways of putting the brakes on these problems.

Taking a Whole School Approach – Think of the things that you can do at YOUR school to put the brakes on bullying and harassment. Below are a few suggestions to start you off.

Appoint a spokesperson who can report on three great ideas for what you can do at your school.

Here is an idea to try...	And these are the people who would be part of it...
Poster Blitz	Students
Rap song about putting brakes on bullying	Music students
Student skits about solving bullying	Students present to staff and parents